

Pearl Haven is a specialized residential treatment center that provides individualized, intensive therapeutic care for youth who have complex trauma or are diagnosed with Severe Emotional and Behavioral Disturbances (SEBD) as a result of sexual exploitation or trafficking. Pearl Haven's Residential Treatment Program is appropriate for youth whose symptoms interrupt their daily life or impact their level of functioning to the extent that remaining in their home, foster home, or current facility may not be safe, or that the youth could benefit from multiple clinical and therapeutic intervention sessions per week to increase wellbeing.



PEARL HAVEN

A Program of  HO'ŌLA NĀ PUA

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General information:

www.pearlhavenhawaii.org



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ABOUT PEARL HAVEN

At Pearl Haven we believe that healing is not something a child does on their own, but that it takes a community surrounding that child with aloha (love and compassion). That community includes the entire Pearl Haven team, the youth's 'ohana, and other members in their multidisciplinary team all working towards the same goal: healing and protecting traumatized and exploited youth. The community comes together to nurture and connect our youth with supportive, prosocial resources that bolster growth, inspire progress, and empower the youth towards ola (health and wellbeing).

Just as a piece of sand transforms gradually into a pearl, healing from sexual trauma requires layers of consistency, structure, safe nurturing relationships, and corrective experiences. At Pearl Haven, youth and their 'ohana are provided the space to process the hurt, heal the fractures in their relationships, and be surrounded with the support to create newer healthier relationships. Together, youth and their community work towards healing, hope, and a bright future.



Therapeutic Milieu

Pearl Haven's trauma-responsive and attachment-focused milieu catalyzes a uniquely beneficial experience for youth. Utilizing **Trust-Based Relational Intervention (TBRI®)**, an evidence-based, holistic approach to treating trauma, Pearl Haven focuses on helping youth feel safe through connection and structure. This improves emotional regulation, proactively identifies and prevents traumatic triggers, and supports trauma processing, ensuring youth can develop and practice skills that support successful transition back into their home community.

Clinical Services

At Pearl Haven, assessment, evaluation, and treatment are not separate processes: they comprise a holistic program that begins at admission and continues throughout the youth's stay. By achieving collaboration between youth and family, Pearl Haven's treatment planning connects each youth to targeted, gender-specific, evidence-based interventions; it also establishes individual treatment goals designed to lower risk factors and build upon protective factors and innate strengths.

Education and Extracurricular Opportunities

Pearl Haven provides 5th through 12th grade level courses through a school structure that is conducive to the high needs of our youth population. Our on-site school operates year-round; classes run five days a week; and we are fully aligned with Hawai'i Academic Standards. This model offers us incredible advantages: learning extends far beyond the classroom and includes opportunities for youth to participate in engaging extracurriculars, including art, music, and athletics.



Campus Environment

Pearl Haven, located on twelve acres on peaceful O'ahu land, has been deliberately designed to provide a safe, trauma-informed, therapeutic environment in which youth can recover and heal. A focused understanding of environmental psychology guides our trauma-informed design, which emphasizes an environment of growth and restoration. Our newly-renovated facility features: home-like bedrooms; state-of-the-art classrooms; inviting gathering spaces in which to relax and socialize; private, soothing therapy rooms; a commercial kitchen and dining area; a full demonstration kitchen; recreation spaces and sports courts; and lush vegetable gardens.

Family Engagement

Family involvement is integral to the success of our youth. We engage families as active participants in youth treatment planning and programming, and we encourage their participation in a full spectrum of treatments, including family therapy, TBRI® skills groups, support groups, spiritual and cultural celebrations, and on-campus events, such as graduations and holiday celebrations.