



PEARL HAVEN

December Newsletter

Message from the Director



Pearl Haven spent the month of December celebrating the holiday season and preparing for Christmas and the new year. Recognizing that the holidays are a hard time to be away from family, our team worked around the clock to provide opportunities for our youth to participate in fun, festive activities and to give back to their local community. We celebrated our dedicated staff and their commitment to Pearl Haven's youth through 12-days of gifts, giveaways, and recognitions, which culminated in our on-site holiday party.

Treatment groups throughout the month focused on fostering a greater recognition and understanding of self-worth, importance, and inner beauty. Youth participated in group activities designed to help them gain a better sense of self and an appreciation and acceptance for all their unique attributes.

With the new year right around the corner, Pearl Haven has a lot to look forward to! We are excited to see our program continue to grow and develop. We will kick off 2022 with more community engagement and implementation of our Hawaiian cultural groups including Ukulele classes provided by Kapena.

-Liz Porter, Program Director



Christmas at Pearl Haven

Above: Youth enjoyed decorating gingerbread houses which will be on display for all visitors to admire through the holiday weekend.

Below: Pearl Haven youth and staff decorated the campus to exude the warmth and cheer of the holiday season. Our goal is to create a safe home-like environment where our youth can thrive, which this month included decking the halls for Christmas!



Youth were able to showcase their artistic skillsets while giving back to their local community by creating festive Christmas cards for the residents at Ann Pearl Care Home. Ann Pearl Care Home is an assisted senior living facility that provides essential care for seniors with Alzheimer's.

Creating charcuterie boards with local volunteers provided an opportunity for youth explore the concept of perfect imperfections. Not everything has to fit in a specific box; it's okay to be different! The youth each designed their board as they liked, with the end result being as unique as the individual who created it.

In preparation for the new year, youth created word of the year cards which to depict the concepts that they plan to focus on in 2022: strength, personal development, and mana (spiritual energy of power and strength). We look forward to helping them continue to reach for the stars and accomplish their goals!



Pearl Haven youth have fun in the sun!

During the month of December, all of our Pearl Haven youth continued to demonstrate safety and their commitment to treatment, which allowed us to plan off-site activities. Youth enjoyed a picnic lunch at the Kaneohe Botanical gardens, which was followed by a visit to a local beach for some self-reflection and engagement with the beautiful Hawaiian 'aina.

