



PEARL HAVEN

A Program of  HO'OLA NĀ PUA

YOUTH EXPERIENCE SURVEY (Y.E.S.)

REPORT

2026

Data Presented by

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WHO THEY ARE

Pearl Haven is more than a residential program—it is a place of healing, restoration, and renewed possibility for some of Hawai'i's most vulnerable youth. As a premier 32-bed, CARF-accredited therapeutic campus, Pearl Haven provides trauma-informed care for girls ages 11-17 who have experienced complex trauma, abuse, and exploitation.

At its core, Pearl Haven is built on a simple but powerful belief: **healing does not happen in isolation—it happens in community.** Surrounded by compassionate caregivers, clinical professionals, and a supportive 'ohana, each young person is given the space to feel safe, to be seen, and to begin again. Through individualized treatment plans and a continuum of care that integrates clinical therapy, education, cultural connection, and experiential programming,

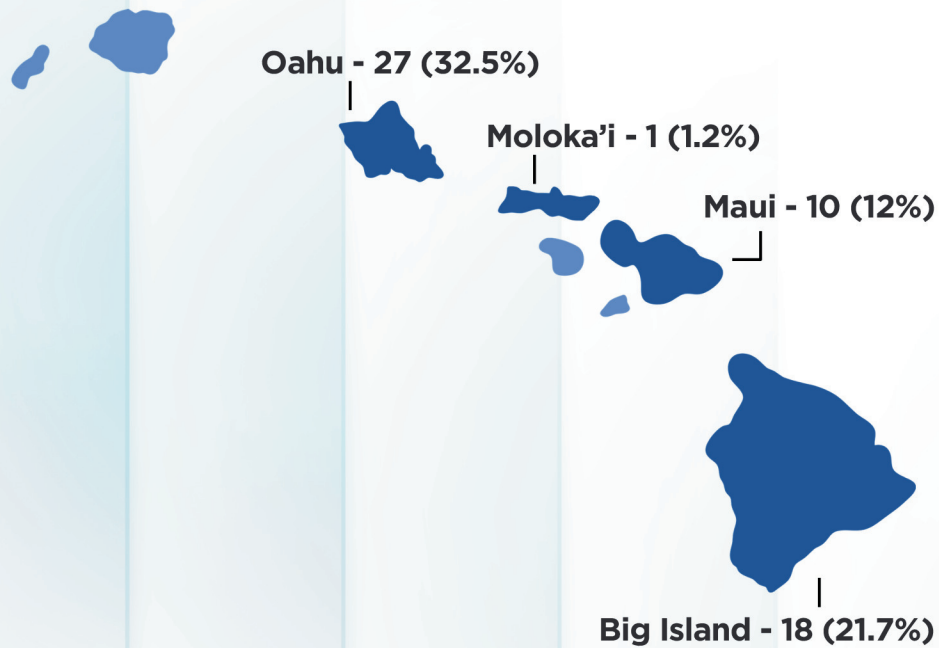
Pearl Haven addresses **the whole person—mind, body, and spirit.** From trauma counseling and family therapy to creative arts, surf therapy, and life skills development, every layer of care is intentionally designed to help youth rebuild trust, strengthen resilience, and rediscover their sense of identity and worth.

The need for this level of care is both urgent and complex, as the youth served at Pearl Haven often arrive with layered experiences of trauma, including exposure to violence, instability, and exploitation at a young age. This report provides a deeper look into those lived experiences, offering insight into the realities these young people face while demonstrating the critical role Pearl Haven plays in interrupting cycles of harm and creating pathways toward **safety, healing, and hope.**

This report highlights the childhood experiences of **83 Pearl Haven clients.**

The female clients ranged in age from 11 to 17 with an average of 15 years old.

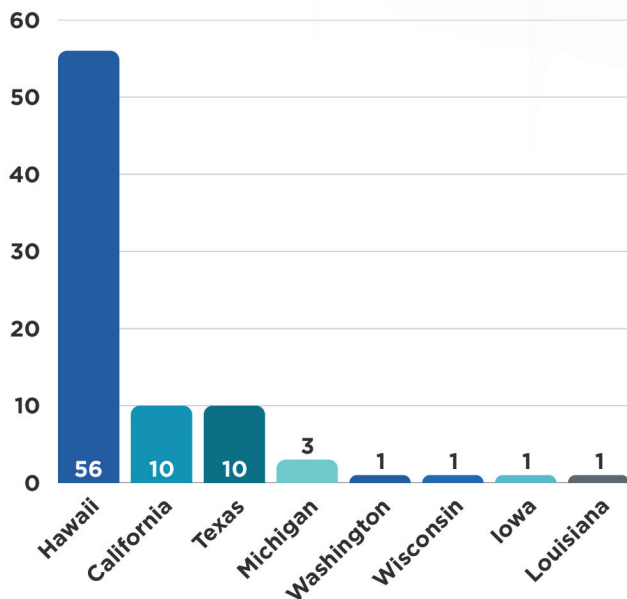
State of Hawai'i Demographics



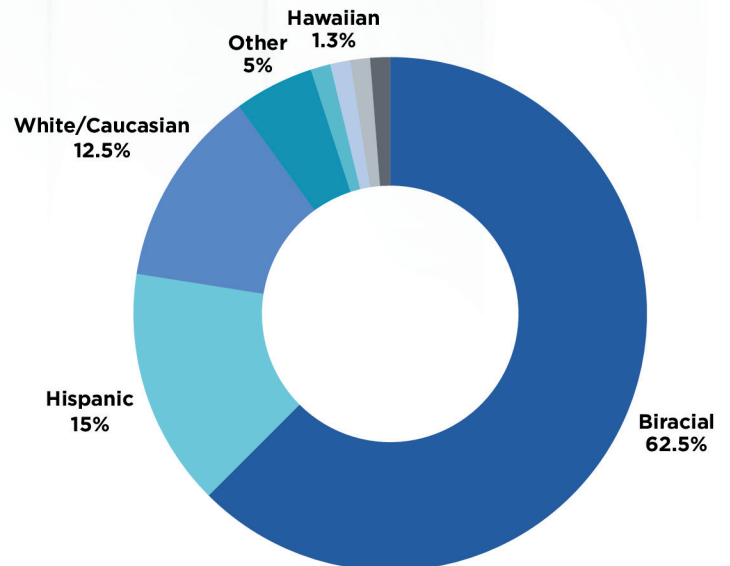
Identified as some Hawaiian = 30 (36.1%)

Identified as some Native American = 9 (10.8%)

Where They're From



Race



**Filipino:1 Micronesian:1 Native American:1*

EARLY INSTABILITY & RISK

Experienced homelessness: 35 (42.2%)

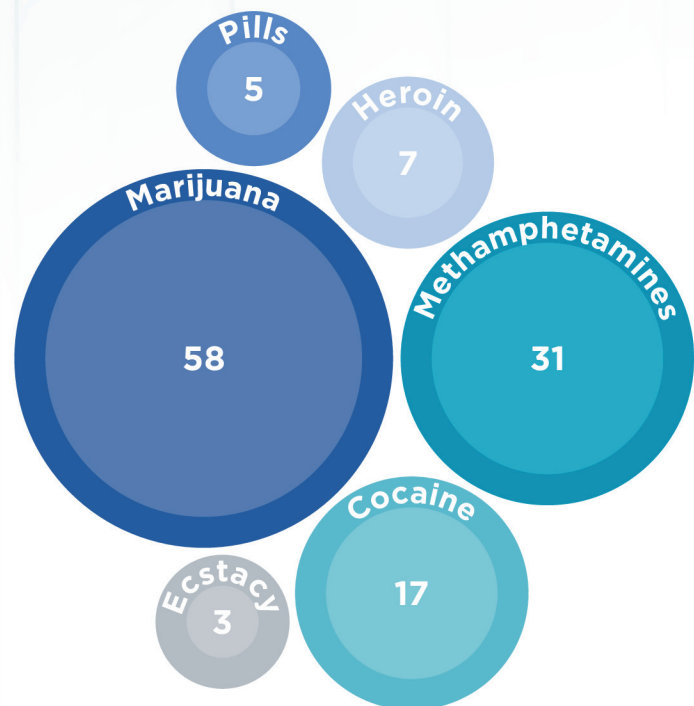
Age at first homelessness experience ranged from age 1 to 16 (**M = 9.35**, SD = 4.96)

Foster Care: 55 (66.3% system involvement)

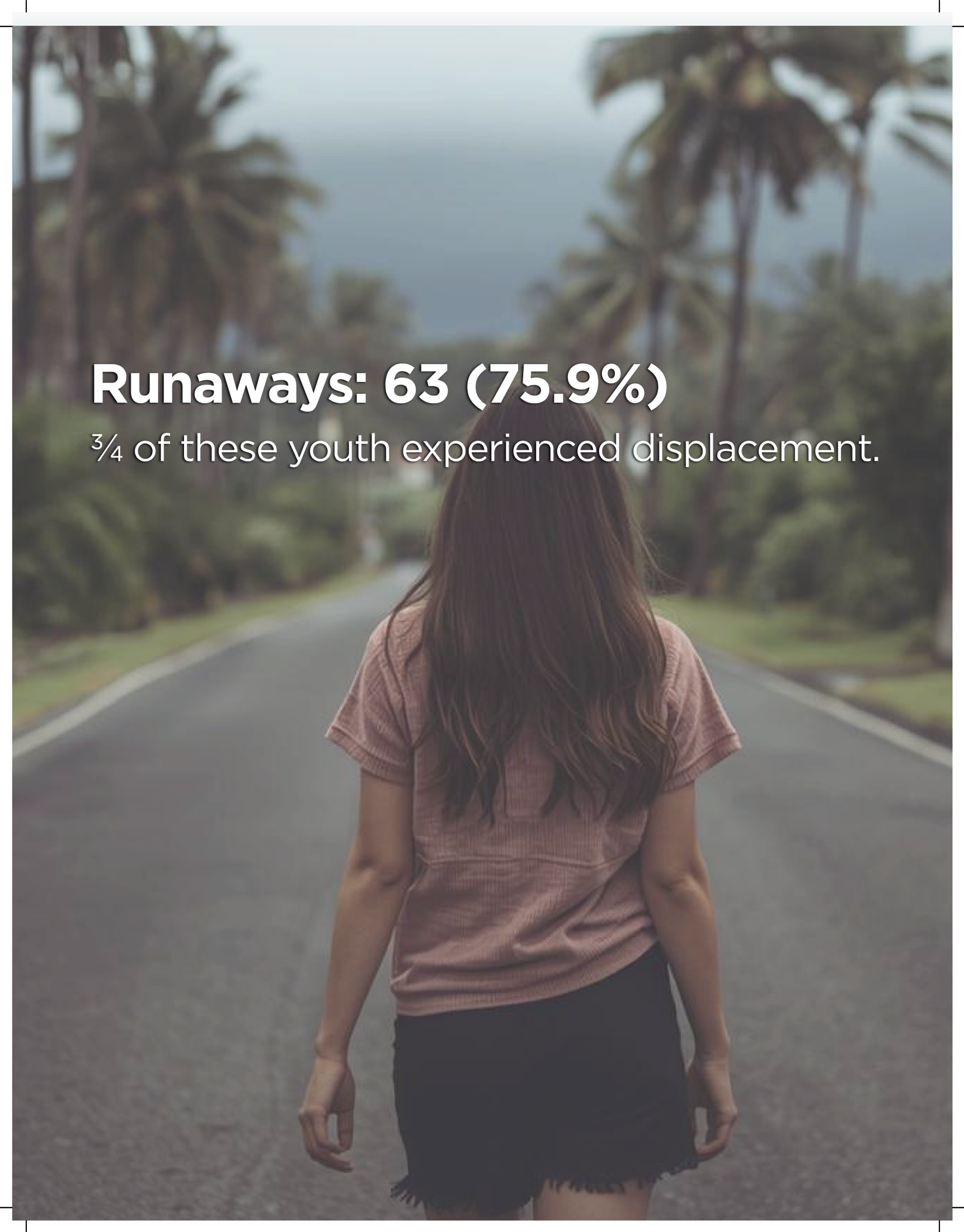
Drug Usage: 65 (78.3%)



Drug Usage by Type



Self-reported an addiction to drugs = 24 (28.9%)
Self-reported and addiction to alcohol = 16 (19.3%)



Runaways: 63 (75.9%)

$\frac{3}{4}$ of these youth experienced displacement.

MENTAL HEALTH & TRAUMA



SUICIDE ATTEMPTS

61% of youth have attempted suicide.



MENTAL HEALTH DIAGNOSES

84% of youth have been diagnosed with some type of mental health disorder.



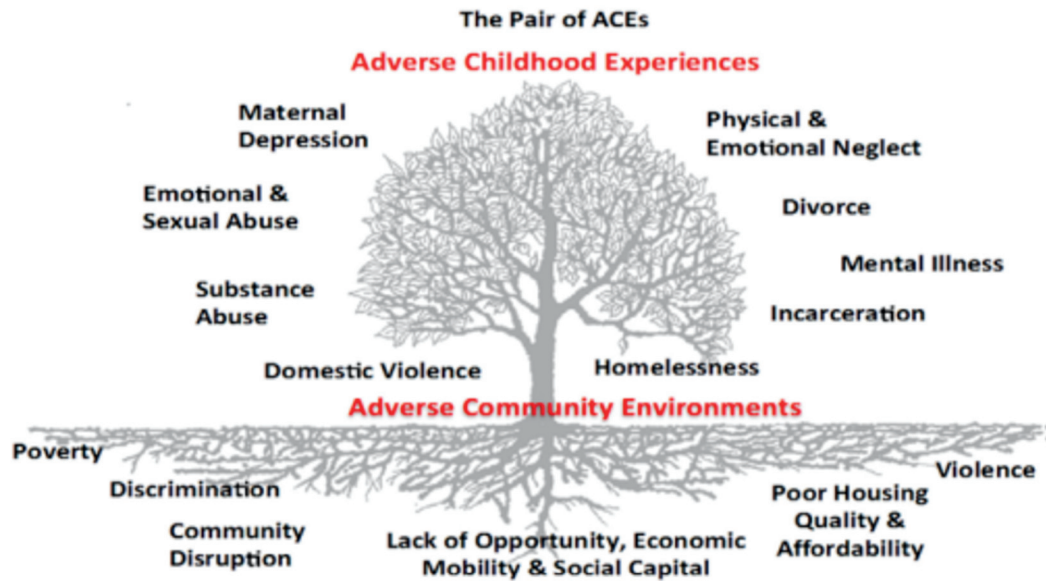
SELF-HARM

77% have reported some kind of self-harming behavior.



ACEs (*Adverse Childhood Experiences*)

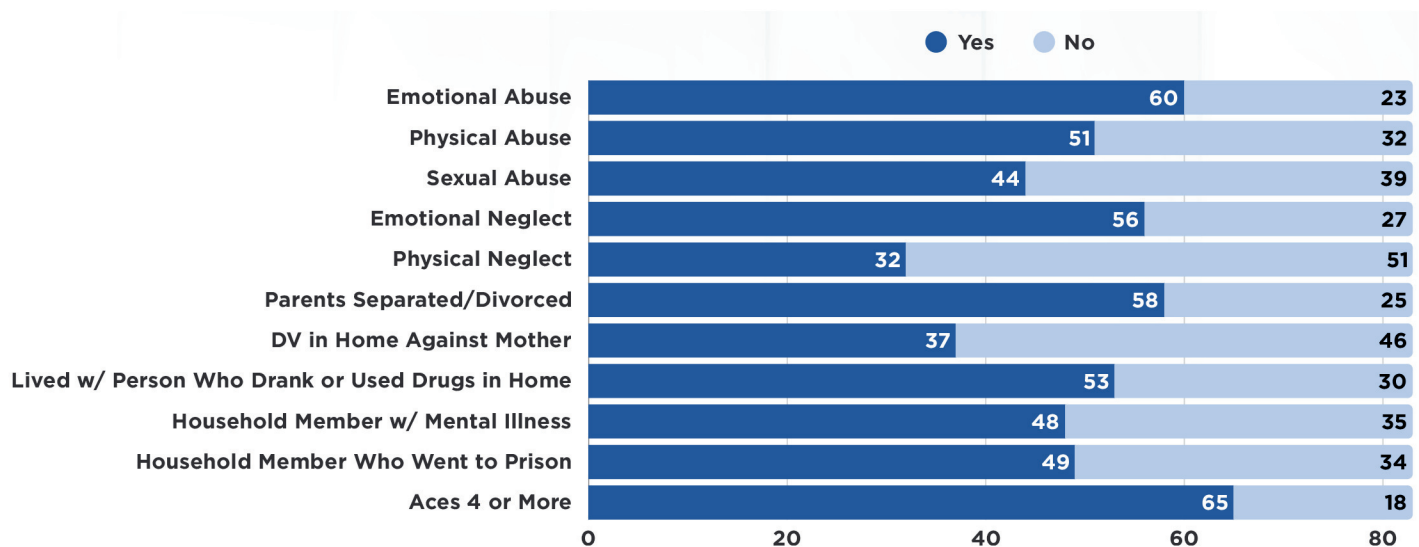
78% scored 4+.

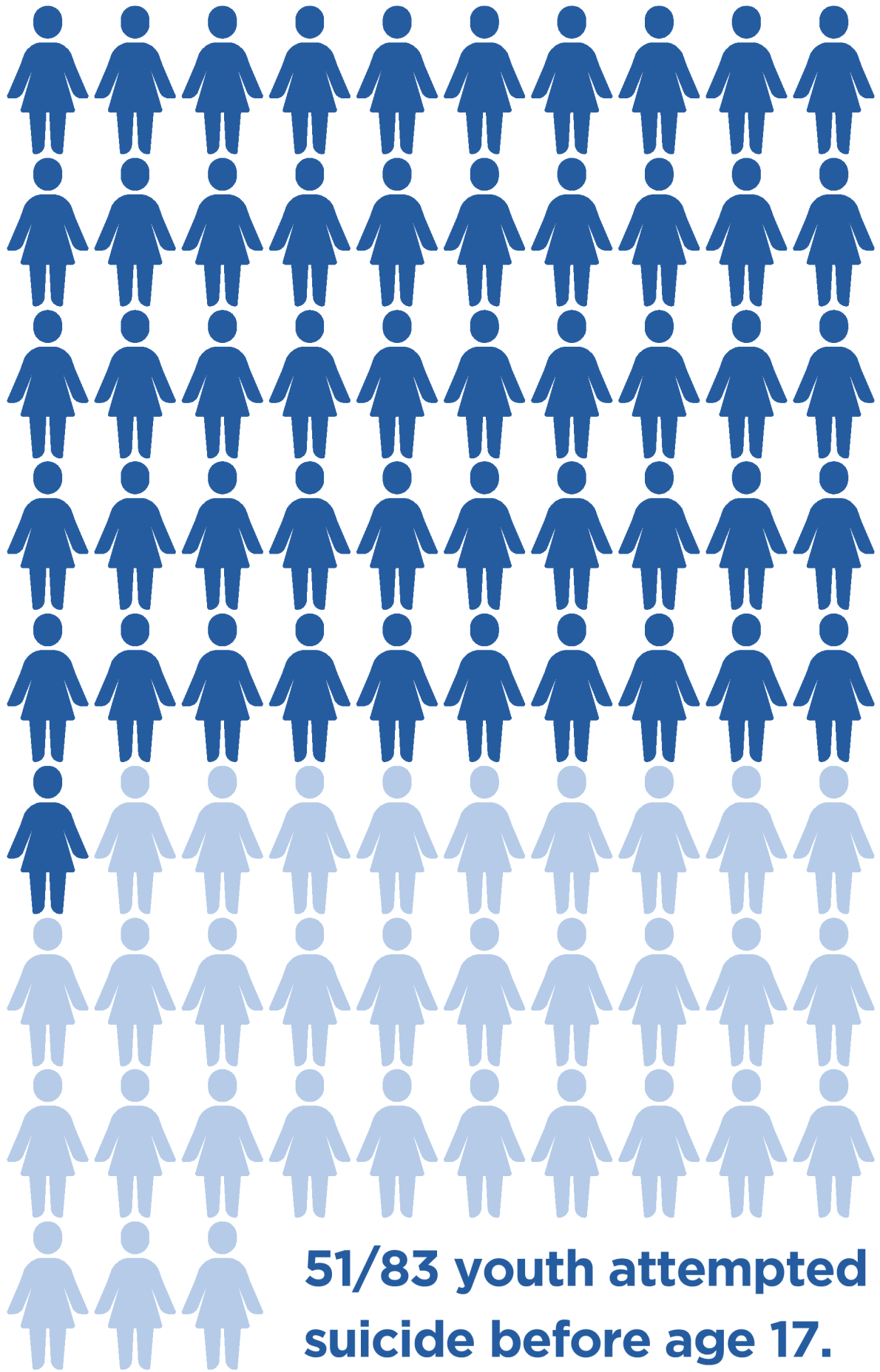


The **Pair of ACEs Tree** (Adverse Childhood Experiences and Adverse Community Environments) is a visual communication tool designed to illustrate the link between individual trauma, community environment, and generational health outcomes. Created by Dr. Wendy Ellis, it acts as a framework for communities to understand, communicate, and address the systemic roots of trauma.

Ellis, W., Dieitz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. Academic Pediatrics. 17 (2017) pp.S86-S93. DOI information: 10.1016/j.acap.2016.12.011

Adverse Childhood Experiences 10 Questions





**51/83 youth attempted
suicide before age 17.**



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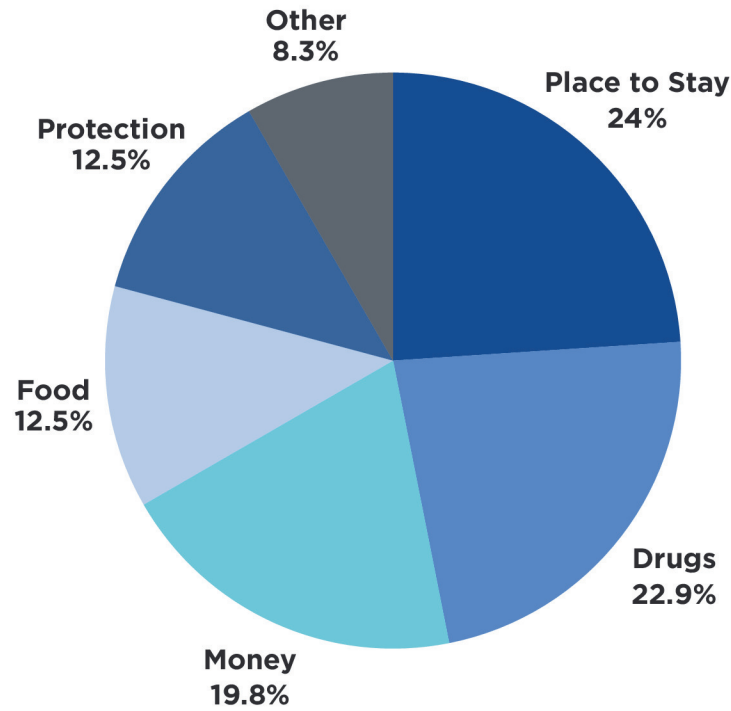
EXPLOITATION REALITY

69%
**experienced
trafficking.**

*Confirmed sex trafficking (compelled, forced, or coerced to perform a sex act, including sexual intercourse, oral or anal contact): **57 (68.7%)***

Average age of exploitation: **12.5 years old**

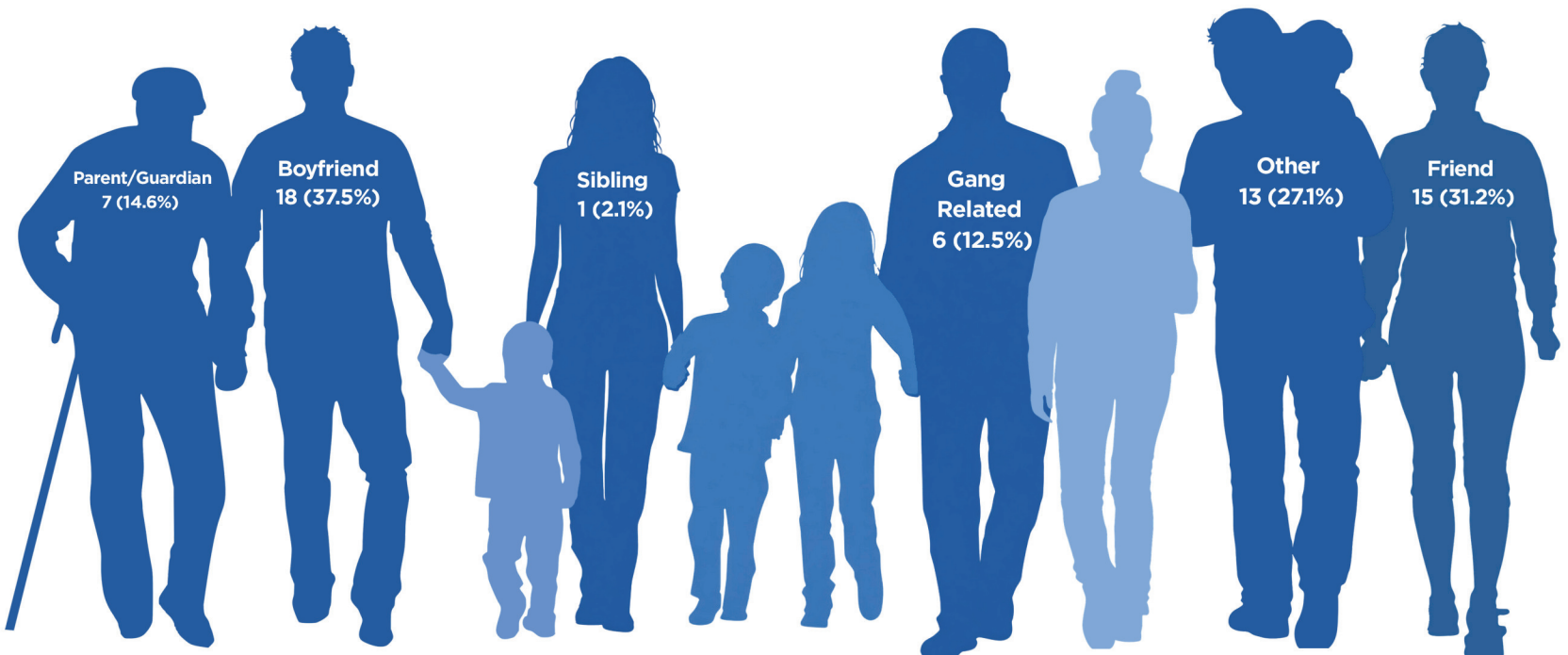
Reasons for Exploitation



Age of first sex trafficking experienced ranged from **4 to 17 years old** with an average of 12.5 (SD = 3.2).

Most victims know their trafficker.

**More than one choice could be made.*



COMPOUNDING IMPACT

- **9.1 times more likely** to be sex trafficked if a family member was sexually exploited.
- **8.6 times more likely** to also report having an attempted suicide.
- **6.2 times more likely** to also report an addiction to drugs.
- **4.4 times more likely** to report having experienced dating violence.
- **4 times more likely** to also report experiencing homelessness.
- **3.4 times more likely** to also report a 4 or more on the Adverse Childhood Experiences Survey.



WITH GRATITUDE

It is with our deepest gratitude we honor

Dr. Dominique Roe-Sepowitz, MSW, Ph.D.

ASU School of Social Work

Office of Sex Trafficking Intervention Research

for her leadership and contributions to this report.

The Kaimas Foundation

To our donors, volunteers, and the staff of Pearl Haven—
thank you for making what we do possible.

Because of you, healing continues.